

# N.I.S.I.

### Promoting Emotional Well Being through Art and Creativity

In the Erasmus+ project "We Internationally Share Happiness," countries including Turkiye (Bursa and Istanbul), Romania, Italy, Belgium, Malta, and Lanzarote, Spain, come together to promote emotional well-being through art and creativity. The project aims to generate resources and implement them during students' mobilities. Through workshops and collaborative activities, the project seeks to strengthen the connection between art, creativity, and emotional well-being.

#### We Internationally Share Happiness

Cultural diversity plays a crucial role, fostering intercultural dialogue, tolerance, and mutual respect. One exciting aspect is the creation of materials for both mobilities and local educational settings, ensuring a lasting impact beyond the project's duration. "We Internationally Share Happiness" empowers young people with skills to manage emotions and promote well-being. It also inspires others to explore the link between art, creativity, and emotional well-being.



Liceul Tehnologic "Sfantul Pantelimon" ROMANIA



Escuela de Arte Pancho Lasso **SPAIN** 



Liceo delle Scienze Umane Sofonisba Anguissola ITALY



ALP Alternative Learning Programme MALTA



Kabataş Erkek Lisesi TURKIYE- İstanbul



Şükrü Şankaya Anadolu Lisesi



**TURKIYE - Bursa** 







#### We Internationally Share Happiness

## Promoting Emotional Well Being through Art and Creativity



W.I.S.H.

We internationally share happiness